

District 5 Meeting *MINUTES*

PO Box 542, Elk River, MN 55330

January 17th, 2022

Meeting Location: Trinity Lutheran Church, 111 N. 6th Ave, Princeton MN 55371

Meeting Open 7:08 Meeting End

Motion to Close by Rich - 2nd by Gerri - Closed 8:45

Serenity Prayer led by Jarrin V.

Introductions: Hannah B., Chad O., Steve V., Gerri M. Rich W., Mark R., Brad, Jarrin V, Jackie B, Tom, Joe, Kay, Scott, Nate, Terri P.

Tradition 1: Our common welfare should come first; personal recovery depends upon A.A. unity (Jarrin V.) *Read from the Illustrated Traditions and Concepts Pamphlet

Concept 1: Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship (Gerri M.) *Read from the Illustrated Traditions and Concepts Pamphlet

7th Tradition Every A.A. group ought to be fully self-supporting, declining outside contributions.

Add to Agenda - See additions in New Business

Approve December Minutes - Written by Terry P.

Motion by: Not completed Approved by: Not completed

Motion by Hannah B to move approving meeting minutes to the end when Terri is back with printed minutes. , 2nd by Gerri

District Officer Reports

DCM -**need a copy of this report from Terri P.*

*Terri P's report from December 2021

Alt DCM -Brad - no report*

*Brad is not in attendance - no report sent ahead of time.

Secretary -Hannah B. -Hello Everyone and Welcome to 2022! Please send your reports a week in advance to my email: breathe.closeyoureyes@gmail.com. Don't forget the DOT :) I am hoping to finish the yearly report this month for your review. The yearly report is a summary of all motions that passed in 2021, as well as an updated District Policy guide (or Bylaws or whatever we call it? Does anybody know?). If you have a question that needs a quick answer, please text me. I do not check my emails every day. My phone number for texting is 763-232-2289. Often I am in school and can not answer the phone, but a text is easy to check and respond to quickly without disrupting class. Thank-you for the opportunity to be of service to the district. I need this job to help me keep my focus off myself.

Treasurer

District 5 Treasurer's Report.

P.O. Box 542 - Elk River, MN 55330

January 2022

Beginning Balance	\$2,247
Expenses	\$0
Contributions	\$0
Balance	2,246.71
Less Prudent Reserve -500 Years in Service,	
Expendable amount of	\$1,746.71

Chad O.

PI / CPC - Steve V.

*Gerri M's- no report for December.

Treatment -Gerri M. Hello, my name is Gerri and I am the new District 5 Treatment chair. I am really excited for the opportunity to serve our district in this position. I welcome any suggestions and/or feedback on how I can best carry the message and be of service to those in our communities. This month, I have been reviewing the treatment center location/contact information that I was given from a previous chairperson, confirming that it is updated and current. I have also been researching new treatment facilities in the district. For example, there will be a new NorthStar Regional treatment center location opening soon in Otsego. The facility will have both residential and IOP programming as well as house over 140 beds. I hope to partner with the District 14 Treatment Chair to see how we can best serve this new site. Also, I had the opportunity to serve the district at the area 35 workshop in Detroit Lakes January 15th and 16th. Our group was tasked with presenting on The Group and Spirituality. It was a great way to see and hear from many voices in Northern Minnesota. Additionally, I was able to connect with the Area Treatment chair, Rico. I will be traveling to Aitkin at the end of February to the Area 35 meeting for the chance to be on the treatment committee serving all of Northern MN. Yours in Service, Gerri M.

Archives- Hello I would like to start by saying thank you for letting me have the opportunity to serve as the district 5 archives chair for the past 2 years. During the time that I was serving in this position I learned a lot of the reasons for the important aspect of hanging on to archives. Actually I caught on to this while attending assemblies and workshops and looking at the older archives for myself and saying while looking at what it was like back then. And someday someone is going to look back through the archives to the time when I served and see the changes that we had to go through during the pandemic days of covid-19. In a small way I get the feeling of being part of History. Going forward I'm excited to be taking on a new position in the district and scared to death at the same time. Thankfully everyone is always so helpful and able to be willing to help me through my fears and let me see that the tasks I have to accomplish are not too large. I would also like to add that I will be available for the person that is going to be taking on the position of archives chair for district 5 to help answer any

questions that they may have. just like to say thank you one more time for this program and my higher power that has help me become a much better person . Sincerely yours and service district 5 archives chair Jarrin V
*Jarrin V's report from December 2021

Corrections -

"1. Nothing new to report on Sherburne County or Mille Lacs County jails - with covid, they are both still shutdown with no ETA.

2) Mark Faitel did ask if we could do ZOOM but with 5 men's & 1 female unit, we can not do 6 zoom meetings simultaneously. As of now I have 5 volunteers. Yours in Service, Mark R"

*Mark R's report from December 2021

Literature- Meeting Discussion - Interest to serve in this position was expressed by members in attendance.

Gerri M. read the description of the Literature Chair aloud. Literature is stored in the Princeton church.

Mark R. -Do we let a literature chair bring them home?

Jarrin V. we need them to be climate controlled and secured. Also, hardcover Big books are not available at GSO.

Jackie- if our group needs books we go ahead and order them online.

Jarrin V - we have not had a literature chair for years. If someone knows someone who might be interested in being of service. Please let them know and send them up here.

General Service Representative Reports

Jackie B. Lost and Found Group is a closed AA meeting of men and women meeting Wednesday nights from 7-8pm at Faith Lutheran Church 12266 255th Ave, Zimmerman, MN. We average 8-12 people weekly. We had a great speaker/potluck last month with about 25 people altogether. Every month, we discuss and read the Big Book, 12x12 Steps and Traditions and in the fourth week of the month, we have an open topic. We have a speaker meeting in the 5th week of the month. Every week, we mention the benefits of the Grapevine magazine and read a joke from it.

Hannah B. Hi Everyone, I am Hannah from the Turning Point Group, we do not have a GSR. We meet Saturdays from 8:30-9:30 at the Elk River Alano. Our meetings consist of one step a week, excluding the last Sat of the month when we have a speaker from the group. At the end of step meetings we read the corresponding tradition and tradition checklist questions. At the end of the speaker meeting we read the Concept of the month and concept checklist questions. Our group averaged 5-7 people per meeting in December. Our group sold 1 Big Book, had 1 newcomer attend, and several visitors this month. If you are looking for a place to be of service, attend our meeting and sign up to share your experience working a step, or sign up to share your story including what it was like, what happened, and what it is like now.

Mark R. "Thursday Night Becker AA Group –

Mark R GSR. Becker AA group meets Thursday's at Mary of the Visitation Catholic Church from 8:00pm - 9:00pm. We read from the Big Book of Alcoholics Anonymous or discuss a topic from approved AA literature. We are a closed mixed group of men and women, of all ages. We have a speaker meeting on the 5th Thursday of the month. We celebrated the following sobriety anniversaries: Brandon E - 3 years, Joe G - 10 years, Amy F - 27 years, Timothy F - 27 years, and Don R - 38 years! WE are averaging 15 people a meeting. Mary of the Visitation Catholic Church, 12100 Sherburne Avenue, Becker, MN 55308. (320) 247-4732 or beckeraagroupmn@gmail.com. ""Rarely have we seen a person fail who has thoroughly followed our path."" Yours in Service, Mark R."

Scott N. -Terri P has report, will email it to me

Kay Princeton Thurs Night – Kay GSR. 7pm meeting open AA, We study the 12 steps 12 traditions. Average around 6 to 10 regular attendees. 2 Newcomers. No medallions, that can change by next week. Awesome meeting. Glad for letting me serve. End of PRINCETON report,ty

Joe C. -I am Joe C, GSR for The Way Out Group. We meet at Central Lutheran Church in Elk River every Thursday at 7:00 pm. We start each meeting celebrating birthdays. Our meeting consists of a member sharing on the topic of recovery from the cover to page 164 in the Big Book for 3-5 minutes, followed by 40 minutes of discussion. On the 3rd Thursday of the month, we have our business meeting, after our normal meeting. On the last Thursday of the month, we have a guest speaker. In the month of January, we changed from celebrating birthdays one a month, to every week. The idea is to not have birthdays take up an entire meeting. And so far it's been working out well. We're averaging 50 people each week, 2-5 of them being new to our meeting, and 1-3 being new to AA or right out of treatment. We celebrated 1 Month, 9 Months, 1 year, 28 years

Rich W. -A Design for Living - 000319745-035-05 -Tuesday 8:00 pm; Otsego/Elk River Alano Open Big Book Study currently reading stories from back of book Approximately 20-25 active members. 9 Attendees at last business meeting Those in service positions have been trying to emphasize concepts and traditions in meetings which appears to be paying off with improved Service commitments and business meeting participation. Members have filled next rotations for Group Leader, Treasurer, Secretary, Sponsorship Chair and Set-up. No medallions given at the last two meetings but 24 hrs a day acknowledged. \$90 in donations given to GSO, Area and District and \$30 to Intergroup."

Old Business

- Jackie B to accept nomination of Literature Chair** - Jackie declines due to physical restrictions.

- Mark R. Sherburne County Jail Sign up** - see corrections report - Need a core of 15 men and 5 women - Every other Thurs. from 7-8. Jarrin V. That discludes a bulk of us here who attend the Thursday Way Out Group.
Mark R. Yeah, we meet on Thursday as well.
Hannah B. Can we have them change it to a different day?
Mark R will contact them and find out what they say.

□ **Terri P. Area Service Workshop presentation** - follow up with report on presentation - Terri P. We did a presentation at the area service workshop on Spirituality - I have copy, let me know if you want one. Bottom line it went well, thanks to everyone who met a couple Wednesdays in a row to make it work. The preparation showed, we were really buttoned up. great reaction, we got a lot of comments saying they really enjoyed it and got a lot out of it. They appreciated we stuck to our own stuff, our program is built by sharing experience, not opinions. Everyone did a good job following that line and people noticed it. I got a lot of out of it, it was the best workshop I have ever been to. Hopefully, everyone can go to the next one, if we get invited, in two years.

Mark R.-We went right up to the end of our time, we did not have time for questions, so it is nice to hear good feedback.

Jarrin V - I had lots of people come up to me as well with good comments. This presentation was special. I have been to others, there was 7 presentations by different districts. 21 districts in the area, 7 presentations once a year, every 3 years District 5 gets an opportunity. This was the 1st time I have seen one and I have been in the District for 4 years. Thanks Terri P for setting this up. It is so nice to have people who are willing to be helpful and help me get over the hump. Next time I am asked for a presentation, I am going to be much more willing. It was very cool seeing all the aspects come together. -

Rich got an awesome email - Some people were motivated to seek out the GSR role in their groups.

Gerri M.- I appreciated being able to participate - hearing from Mark L was the best part, learning about what the trustees do and work on, as well as what is coming up in the future.

Jackie B - What was the location? Detroit lakes -

Joe C. - I got to watch. There was another guy who came, there were alot of great people there. The presentations were done in front of the delegates and trustees. All that the presenters said was done very well. District 5 definitely stood out. It was a lot of fun meeting the Trustee and learning about all the hats on his head, as well as

hearing his story. He is on 15 committees and chairs most of them. The amount of work he puts into AA gives you goosebumps, that there are a lot of people out there in AA that do these things for us. It is fun watching you guys. District 5 definitely stood out. Gerri was probably the best spoken person there! (Gerri M. - I paid him to say that) Every one of you were great, If I could do half of what you did I would be tickled pink. Preparation definitely showed. Everyone in the audience was glued to the wall. All the traditions presented just hit the head on the nail.

Jarrin V. I am gonna save all this for my next DCM report.

Steve V. Gerri went swimming.

New Business

New officer hand offs

DCM - Jarrin V. Terri gave me the key! Hand off completed. I am really nervous taking on this role. It might show up alot that I am winging it. Terri has offered to hang on and help out (for the next two years (hahaha)). When I first came into service and came to this meeting there was a DCM, Treasurer, and Secretary plus 1 GSR. Over my time as GSR and Archives Chair our District has grown a lot. If you have any suggestions or criticism, feel free to share with me. Please point it out if I am doing something wrong before the ones above me have to.

Secretary Hannah B. - Terri gave me meeting minutes from the last 6 months and reached out to Jamie for ones further out. I will try to get all the motions from 2021 typed up before the next meeting. I also now have admin privileges for the District 5 website.

- Treasure Chad O.** There is work to do. We need to meet at the bank to get Jarrin and Chad on the bank account. Rent has not been paid. I can't write a check. I don't have a debit card. Jason said one was ordered to the PO box but never showed up. Debit cards would be handy for ordering online. When can we all meet to get this done? Hannah B. You might need official meeting minutes to have the names changed, depending how the account is set up.

Terri P - we have an EIN Number. We have never needed meeting minutes before.

Rich W. - It might be good to have them anyway to bring to the bank.

Mark R. Do we need to make a motion to add them officially then?

Motion - Mark R. Have Chad O and Jarrin V to be added to our existing account or new account representing District 5. Second by Gerri M. - Approved -None opposed.

Terri P. 2022 Annual Web Hosting Invoice - Received hosting bill from Tyler for the amount of \$100.

Motion to pay the bill by Hannah B. - 2nd by Jarrin V. Approved-None opposed

Hannah B Posting District Mtgs online

Rich W. Motion to table until next month (No Second) -

Jarrin V. - not comfortable with minutes online.

Hannah B. The purpose of putting the minutes online is to make the website more personal. If someone was thinking of coming to a district meeting and went to the website to check it out, it might encourage people to come if they could read what we do in meetings. Also the websites are so generic, that adding a personal flare makes the website more relevant.

Mark M- There is really nothing to hide. We give all the minutes to our group anyway.

Joe - Area websites are posting minutes as well. All the information is out there on other sites.

Terri P. If we scrub the minutes of personal information it would be okay. Doesn't feel like it would be a big concern. -

Jarrin V- Area minutes are also posted in the Northern Lights.

Motion by Gerri M.- Add meeting minutes to the district, Second by Scott...

Hannah B -Motion to make an amendment that all minutes must be approved by the group conscious before being posted online. 2nd by Rich. Approved. None opposed.

Planning a future workshop -

Motion by Hannah B. that we table future workshop planning - 2nd by Rich. None opposed.

Phone list - Jarrin V - I would like to propose striking old names off the phone list. People who are no longer GSR's or Officers.

Terri P-I think we should not limit the list. If someone is not an officer or GSR, but attends meetings or remains involved we should keep them on the list.

Hannah B. - I can send an email announcing minutes will now be posted online, and request groups to please send a GSR if you would like to receive the minutes sooner?

Terri P- I also think we should have a list of the GSO meeting¹contacts and send them emails.

Hannah B- I like that, I could send them all a District Meeting reminder email monthly and possibly spark more interest in the GSR role.(No Motion made - Discussion shifted)

Reimbursements for the workshop

Jarrin V. Turn in your receipts to Chad O.

Rich W.- Will those amounts go into the report?

Hannah B- Will they be listed in detail on the report?

Terri P?- Yes, all expenses will be listed in detail form. (Conclusion- Make sure there is a detailed report of all expenses paid out.)

Terri P. Website Update

I did update everyone's information for the new District crew. Please check the information to make sure your information is correct

"Responsibility Statement:

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA Always to be there. And for that, I am responsible."

¹ District 5 MN January Business Meeting Minutes